

HEALTH AND WELLBEING BOARD

28 NOVEMBER 2018

	Report for Resolution/ Report for Information
Title:	Autism Strategic Framework for Nottingham 2018-2020
Lead Board Member(s):	Catherine Underwood, Director Adult Social Care, Nottingham City Council
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Brief summary:	<p>The <i>Autism Act (2009)</i> requires councils in England to have a strategy for autistic adults led by a named Autism Lead. The autism strategic framework for Nottingham, 2018-2020, has been developed through co-production and is currently in an engagement phase.</p> <p>The strategic framework encompasses the needs of autistic children, young people, adults and their families in line with Nottingham City Council's approach to 'whole life disability'.</p> <p>The themes of the strategic framework are broad and interlinked including health and being well, housing and home and access and autism friendly. The Autism Strategy Group believe that improving outcomes for autistic people of all ages is best achieved by increasing awareness of autism through training and a network of Autism Champions.</p>

Recommendation to the Health and Wellbeing Board:

The Health and Wellbeing Board is asked to:

- a) note the contents of the draft strategic framework and support engagement around it's themes in their organisation; and
- b) identify Autism Champions in their organisations through their nominated lead.

Contribution to Joint Health and Wellbeing Strategy:

Health and Wellbeing Strategy aims and outcomes	Summary of contribution to the Strategy
Aim: To increase healthy life expectancy in Nottingham and make us one of the healthiest big cities	The recommendations of the autism strategic framework for Nottingham identified recommendations which, if successfully implemented, will improve the physical and mental health and wellbeing of autistic people in Nottingham.
Aim: To reduce inequalities in health by targeting the neighbourhoods with the lowest levels of healthy life expectancy	
Outcome 1: Children and adults in	

Nottingham adopt and maintain healthy lifestyles	
Outcome 2: Children and adults in Nottingham will have positive mental wellbeing and those with long-term mental health problems will have good physical health	
Outcome 3: There will be a healthy culture in Nottingham in which citizens are supported and empowered to live healthy lives and manage ill health well	
Outcome 4: Nottingham's environment will be sustainable – supporting and enabling its citizens to have good health and wellbeing	

How mental health and wellbeing is being championed in line with the Board's aspiration to give equal value to mental and physical health

The autism strategic framework for Nottingham recognises the importance of mental health as much as physical health in improving outcomes for autistic people. For example, it highlights the importance of reducing social isolation in supporting autistic people into employment.

Background papers:

Documents which disclose important facts or matters on which the decision has been based and have been relied on to a material extent in preparing the decision. This does not include any published works e.g. previous Board reports or any exempt documents.

None